

Relationships Australia offers a range of workplace and support services for managers. Our focus is on improving relationships through developing effective communication, team functioning, leadership skills, and the prevention of conflict in the workplace.

Consultation and Support Services

Relationships Australia provides confidential consultation and support for managers in dealing with the people issues that present on a regular basis. This can be around a broad range of issues such as performance, conflict, communication, individual or team behaviour. Our services are delivered by highly experienced practitioners who have expertise in a range of people management issues.

Workshops, Seminars and Information Sessions

We offer workplace consultancy services including training and information sessions, special presentations, coaching services, education services, consultation and support services. Programs can be adapted to particular circumstances and workplace situations, and include:

- Conflict Resolution
- Managing Change
- Positive Communication in the Workplace

Conflict Management

Handling and resolving conflicts that arise in the workplace is one of the biggest challenges managers and employees face. Relationships Australia can work with managers, staff and/or teams to support them with the resolution of conflict situations. Our services include:

- Workplace Mediation
- Facilitated Discussions
- Team Facilitation
- Conflict-Related Training and Coaching

Other Support Services

Relationships Australia creates other work-life support services through partnering with community and other organisations designed to assist employees with life's stages and challenges. Services include:

- Assisting the Transition to Retirement
- Problem Gambling
- Drug and Alcohol Support
- Financial Counselling
- Carer Advice

What is EAP?

EAP is a quality service that offers professional counselling, information and support for employees to resolve workplace or personal issues. It's completely confidential in accordance with state and federal laws.

Our aim is to contribute to a more satisfying workplace, enhance workplace harmony and reduce stress.

Referral to EAP

Self-referral is the most common way that employees access EAP. They do not need to seek consent from anyone to make an appointment with Relationships Australia EAP Service.

Conversely, Managers are one of the best referral methods for EAP as employees often come to you looking for advice or direction. Being able to identify the need for additional support and encouraging staff to give the EAP Service a call is important.

To find out more about our workplace service please contact Relationships Australia on
1300 857 129.