

Supporting the Families of Men's Behaviour Change Program Participants

How do you keep families safe?

While your current or former partner participates in the Men's Behaviour Change program, the safety of you and your children (if applicable) is our top priority. Your dedicated Family Advocate will be there to support you and to make sure your safety always comes first.

The program includes ongoing assessments of risk; working closely with police, child protection and family support services. Your Family Advocate will check in with you regularly to provide support, safety planning and referrals as needed.

Will I be given progress updates?

We have a commitment to all participants to maintain their confidentiality. While we can't share any specific details, we can provide you with general updates about their attendance and participation.

Does participation in the program mean they've changed?

Completion of the program does not guarantee change. True change requires consistent respectful behaviour over time. The program will support your partner/ex-partner to start their journey – but it will be their responsibility to be consistent with their actions.

Can I tell you about behaviour I notice or if I have a safety concern?

Yes. We encourage you to share any concerns or observations about your partner/ex-partner's behaviour with your Family Advocate. This information helps us better assess risk and ensures we take appropriate steps to support you, and your child/ren's safety.

What support is available for me and my child/ren?

The Family Advocate will support you throughout your partner/ex-partner's engagement with the program. They can support you with safety planning, emotional support and referrals to other services that may be beneficial such as counselling, housing or legal assistance.

The program also has a focus on the needs of children, acknowledging the impact that family violence may have on them. Your Family Advocate will be able to provide referrals to specialised supports for their wellbeing.

What if they don't take the program seriously or drop out?

If your partner/ex-partner disengages from the program, you will be informed. You will not lose access to your Family Advocate, who will be able to continue supporting your safety and wellbeing. You can choose whether you would like to continue engagement with this support.

Will my information be shared with my partner/ex-partner?

No, information about your engagement will not be shared with your partner/ex-partner.

All communication with the Family Advocate is confidential unless required by law – for example if there is a significant risk to you, your children or others; we may be required to report this to police or child protection.

Your safety is our priority. We will take every measure to ensure that your concerns and interactions remain private.

We have separated – I don't want to participate

We understand that even receiving contact from a program like this can bring up a lot of mixed feelings, especially if you experienced violence in your relationship.

It is absolutely your choice whether to engage with the Family Advocate or not. If you prefer not to participate, we will respect your decision.

If you change your mind at any point, you will be welcome to reach out.